Integral Role of Primary Care Providers to Meet the Healthcare Needs of Patients with Autism Spectrum Disorder



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ACCME ACCREDITED

Why is Integration With PCP's Important?

- PCP's are vital!
- Increasing prevalence of ASD (1 in 59 children)
- Speeds diagnosis and management and early intervention
 - Well child checks
 - Rural and underserved
- Few developmental peds resources in TV Long wait times
- Autism affects the whole body



Associated Medical and Mental Health Conditions

- Chronic sleep problems (>50%)
- ADHD (30-61%)
- Anxiety disorders (11-40%)
- Depression (7% kids 26% Adults)
- GI disorders (8x)
- Overweight (32%); Obese (16%)
- Health conditions extend across lifespan



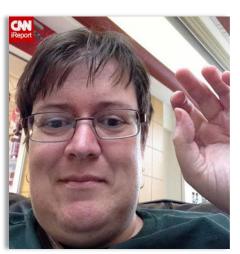
How Can PCP Integration Be Helpful to Patients and Families With ASD?

- Ongoing relationships of trust (increased Satisfaction and Outcomes)
- Timely access (Clinic, Phone, E-mails, Skype, Zoom)
- Whole Health Approach 30,000 foot view
- Integration and coordination of care (QB; Sherpa)
- Anchor and home base (PCMH)



How Can PCP Integration Be Helpful to Patients and Families With ASD?

- Advocate (e.g. schools, IEP's, Medicaid/SSI)
- Home visits (Happiest in familiar setting)
- Social determinants (Transportation)
- Integrated care across clinic and hospital
- Transition from childhood to adulthood



"I want the world
to know that
autism is not a
tragedy, but a
journey of learning
and growing."

Zoey Roberts, 40 British Columbia, Canada. Diagnosed with autism at 34

Summary

PCP's are vital

Early diagnosis, treatment and intervention

Better integration of whole person/body and

whole family care

Knows the patient over time